

The Top Wires: Inside RCRC



Upcoming Events

- JIRR
- Merseyside Regatta
- Wallingford Regatta
- Shrewsbury Regatta

For Sale:

RCRC silk ties £20 each. Speak to Jack McGarva snr.

RCRC Blazers available contact Nikki Miller for more information (approximate cost is £250 plus postage).

Royals 2018 Calendars £5 available from Mike P.

Tideway Round Up

WEHORR

The senior women raced to a solid 66th place on Saturday 10th March, in London. Rowing in a nice, easy rhythm the girls put in an encouraging display, with a particularly strong first half of the race.

The girls 8 was made up of several girls who have come through the junior squads and the Learn to Row programme, which has proved to be hugely successful in developing the current women's squad.

HORR

The senior men fielded 2 8s at the HORR. The 2nd VIII put in a hugely impressive performance racing to 104th. However, disappointment was to meet the 1st VIII as difficulties along the course led to the boys racing to 49th place, missing out on the Jackson.

In the 1st VIII there were 3 former RCRC juniors, as well as numerous athletes across both crews, including the first Learn to Row male graduate to race HORR.

Vesta Veteran's Head

Royals had one masters crew racing in the annual Veteran's Head in London, whilst 4 of the master's ladies teamed up with Grosvenor to produce a composite 8.

Both masters 8's put in competitive performances, with the men finishing 66th overall, overtaking 6 crews in the process, and the ladies racing to 156th.



Senior 8s racing on the Tideway. Clockwise from right: Royal Chester II (HORR), Royal Chester I (HORR), Royal Chester I (WEHORR).



We have commissioned a limited number of enamel badges. Made in the UK, the badges are gold plated, hard wearing and feature our Royal Chester crest on a blue background. They measure 2.5cm in diameter and have a secure, brooch-type fastening. The perfect blazer accessory (roll on summer).

The badges are available at £4.75 each.

Please make payment into the club account:
Sort code: 60-40-08
Account: 32963033
Reference 'BADGE' and your surname.

Once you've made payment, please email royalsbadge@outlook.com to arrange collection.

Badges may also be bought in person (cash or cheque payable)

If you have any questions please contact Sarah (usually at the club on the weekend 8am until noon) email: royalsbadge@outlook.com to Royal Chester rowing club) from Sarah Armstrong or Chloe Sheward.



Georgia smashes Spring Assessment
Georgia Shirley excelled at the recent GB Rowing Junior Spring Assessments, in Nottingham.

Racing in a tough headwind, Georgia stormed to 2nd place in the time-trial and backed this up with a great performance in her semi-final placing 2nd; taking her through to the A-Final. The wind caused a lane redraw with Georgia rowing in the

unfavourable lane 3, however she produced an excellent race to finish 4th, narrowly behind 2nd and 3rd.

The result guarantees a place at final trials for Georgia, where she will be looking for selection for the Junior National Team.

The club is supporting Georgia through the process and wishes to thank Chris Jackman for all his hard work with her.



Royal Chester Rowing Club, established in 1838, was awarded royal patronage by Queen Victoria in 1840.

A closer look at the Women's Squad

The developing women's squad at Royals has gone from strength to strength this year. Numbers have been boosted by many coming through learn to row programmes over the last few years (over half the squad). This year we welcomed a burst of energy from Tommy Reeves (KSRC & previously NUBC) joining us to head up the coaching programme and once again, Paul Crudge leading the successful novice squad progression on the water.

We started in September with a combined novice/senior squad which enabled improvements across the depth of the squad. In the run up to the bigger head races, water sessions were split to senior/novice, with the land training continuing together.

After a strong performance at WEHoRR our senior women's squad is looking forwards to racing at both local and national races; starting with Wallingford regatta at the start of May in a variety of different boat classes as we gauge options after the changes at HWR. Whilst the

novices will race at local regattas to gain experience, with many racing for the first time!

To kick start the regatta season we did a mini training camp over Easter weekend at Royals. We learnt a great deal and we are adjusting well to small boats after the relative security of a winter in eights. It has been good to see how many improvements are being made to technique. Our returning vacation members, who allow for a more dynamic set up to the squad, once again joined us over Easter, and we look forward to seeing them again in the summer.

The women's masters crews are also growing with an influx of learn to row graduates and it's great to see so many women out on the water all year round!

I have really enjoyed the last 3 years as Women's Captain and I am looking forward to seeing what we can achieve this summer!

Chloe Sheward, Women's Captain

Meet the Member: Tony Sweeney

What squad are you part of?

I row with the John Browne Crew on a Sunday. I also row with the Kerry Maddrell Crew on a Saturday when I can.

How did you get into rowing?

I got into rowing unintentionally 10 Years ago...

My oldest Daughter started her first week at The Queens School and promptly announced after her first day or so that she had been invited to join 3 other girls to make up a Crew and learn to Row at Royals.

Being very supportive and enthusiastic, Jane and I became instant Taxi drivers up to 5 days a week, spending most of our

time at the club. 6 Months go by and I find myself on an Ergo, on a learn to Row course and never looked back.

What do you like about rowing?

Being a keen Mountain walker, Rowing was an ideal sport. It was all about endurance and fitness (and Technique!) and fresh air. I love the discipline, teamwork and find it very rewarding.

What is your favourite thing about Royals?

The thing I like most about Royals is that the Club has a genuine friendly atmosphere, almost family like. I have made several real friends over the years and feel very proud to be part of the heritage. It also seems that I have become the resident Mr. BBQ!

Spring Ball

The rebranded Royal Chester Spring Ball was a huge success. Taking place at the in Chester, a great night was had by all. The Ball raised over £1,000 for the club.

A big thank you goes out to all those who supported the event, donated raffle prizes and especially to Lowri Stubbs who brought the whole event together. We are all looking forward to the next one.

To contribute to the Newsletter or make any suggestions on how to improve it contact Jack McGarva jnr at:

jhmccgarva@gmail.com

All input is welcome!

